



Northland Shepherd's Center

Serving Clay and Platte Counties

Jan/Feb 2025



WELCOME TO 2025

We look forward to seeing you for another year of community, connections and fun!



Property Tax Relief for Seniors

The Clay County Commission passed the Senior Real Estate Property Tax Relief November 30, 2023. Provisions of the ordinance take effect January 1, 2025. Under Clay County 2023-ORD-42, eligible Clay County residents, who are 62 years old or older, will be able to apply to participate in the Senior Real Estate Property Tax Relief Program beginning in 2025. To be eligible, the Clay County resident must own, or have a legal interest in, a home within the county, claim that property as their primary residence and be responsible for paying real estate taxes on that property. The resident may only claim one home as a primary residence.

The tax relief is not retroactive and all Clay County residents eligible for the tax relief in 2025, and who apply in 2025, will have a base tax year of 2024. The tax relief is calculated by subtracting the real estate property tax of the base year from the current year's real estate property tax. Participants are required to submit an affidavit every year after the initial application to ensure eligibility is still being met.

Submit questions and comments online (claycountymo.gov), or call (816)407-3600, leave a message and mention it is in regards to Senate Bill 190.



Claycountymo.gov

FAQ's

If there's more than one homeowner, do they both need to be 62 or older?

A. No, only one homeowner listed as the owner needs to be 62 or older. If more than one homeowner is eligible, both names and signatures should be listed.

Will my taxes remain the same every year?

A. No, the Blind Pension Fund (State Tax) and any Debt obligation levies are not eligible for the relief program. If a new tax is voter approved it will be added to your tax bill the first year and then be added to the base year calculation minus any debt levy.

Why do I need to re-apply?

A. Circumstances change and it is necessary all those enrolled in the program are still eligible.

How often do I need to re-apply?

A. Participants in the program will need to complete an affidavit each year between January 1 and March 31st certifying they still own their home, it is their primary residence and that they are responsible for the taxes. They will need to have the form notarized and send it to the County Clerk or upload it on the County website.

What if I move?

A. The tax relief only applies to the address on the application. A new application must be completed on the new property. A new application establishes a new base year.

What if I still have a mortgage on my home?

A. Even if you have a mortgage on your home, you are still the owner of the property.

What does "base year" refer to?

A. Base year is the tax year prior to the year in which you become eligible and apply for the program.

All applications must be submitted by March 31, 2025.

Clay County Senior Tax Relief

APPLICATION ENROLLMENT DATES:

January 1 - March 31, 2025

Eligibility:

- You must turn or be 62 years of age during the calendar year 2025.
- You must be a Clay County resident and own your own home.
- The home you are claiming must be your primary residence, and you must be responsible for the property tax.

What documents do I need:

- You must have a valid US Government issued photo identification.
- Proof of all taxes paid.
- If you are not listed as an owner of the property on the tax bill, you must provide proof of ownership.

How Can I Apply: Beginning in January

- Citizens can go to claycountymo.gov and click on the application, upload copies of the requested documents and sign the form. It's that easy!
- If you prefer to attend one of the off-site events to turn in your application please review the dates, times and locations listed.
- The Clay County Clerks office is also available to assist with applications during regular business hours.



2025 Community Application Dates

Clay County staff will be set up to assist the public with applications at the following times and locations.

JAN 24, 2025 Liberty Community Center **9-4pm**
1600 S Withers Rd, Liberty, MO 64068

JAN 31, 2025 Smithville Senior Center **9-3pm**
113 W Main St, Smithville, MO 64089

FEB 5, 2025 NKC Senior Center **9-4pm**
1201 Clark Ferguson Dr., North Kansas City 64116

FEB 8, 2025 Clay County Annex **8-7pm**
1901 NE 48th St, Kansas City, MO 64118

FEB 11, 2025 Northland Neighborhoods Inc. **9-4pm**
5340 NE Chouteau Trafficway, Kansas City 64119

FEB 21, 2025 Kearney Senior Center **9-3pm**
600 N Jefferson St, Kearney, MO 64060

FEB 22, 2025 Clay County Annex **10-6pm**
1901 NE 48th St, Kansas City, MO 64118

MAR 5, 2025 NKC Senior Center **9-4pm**
1201 Clark Ferguson Dr., North Kansas City 64116

MAR 11, 2025 Northland Shepherd Center **9-3pm**
5601 NE Antioch Rd #12, Gladstone, MO 64119

MAR 29, 2025 Clay County Annex **10-6pm**
1901 NE 48th St, Kansas City, MO 64118

If you are unable to attend one of Clay County's Community Application dates, reach out to Northland Shepherd's Center's Aging Resource Specialist Angela Curtis for assistance at 816-256-8096.

Aging with Excellence Classes

New Year with a New Routine

With the new year it is a good time to start or re-start the habit of exercising. Northland Shepherd's Center offers many opportunities to exercise with other senior adults. Our exercise classes help to improve balance, strength and overall health. It is also helpful to exercise with others. Check out our calendar online or stop in to see our classes. No registration is required for the classes. The classes are for all fitness levels. Call Chanel if you have any questions at 816-452-4536.

Card Game

Join us on January 16th for Five Crowns card game at 1:00 pm. Five Crowns is a perfect blend of strategy and luck, and a great way to meet new people and have some fun. Whether you're a seasoned player or new to the game, everyone is welcomed. We also play Bridge every Friday at 11:00 am. So, gather your friends, and let the games begin!



Preventing Falls

A Matter of Balance Class is a 8 week class that consist of strategies to reduce falls, gentle exercise, and ways to remain active and independent. A Matter of Balance Class will start February 6 and will be held every Thursday, 11:00am for 8 weeks. The class only holds 12 people so make sure to RSVP by calling NSC at 816-452-4536.

Free Health Screening

North Kansas City Hospital will be at Northland Shepherd's Center Monday January 6 to provide FREE health screenings. The nurse will be testing:

- Fasting Blood Sugar
- Cholesterol
- HDL & LDL
- Triglycerides
- Blood pressure

The nurse will also provide education with the results of your test. Come anytime between 9:00 and 11:00. Walk-ins welcome!



Improving Your Mind, Body and Soul

L.I.F.T. Mondays 10:30

Line Dancing Mondays 11:30

Tai Chi Tuesdays and Thursdays 9:30

P.E.P.P.I. Fridays 10:30

Bridge Fridays 11:00

Book Club 2nd & 4th Wednesdays 1:00

Chair Yoga Mondays & Fridays 9:30

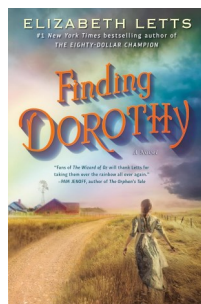
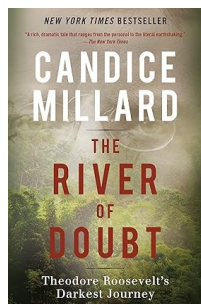
1st, 3rd & 5th Wednesdays 9:30



A Jazzy Little Book Club

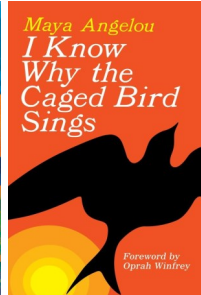
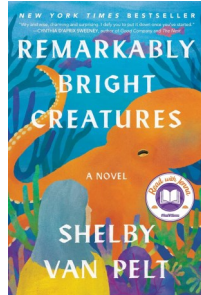
The Jazzy Little Book Club is a fun community of readers eager to dive into new literary adventures. It's a wonderful way to connect with fellow book lovers and broaden one's reading horizons. For those looking to join, reaching out to Chanel by calling 816-452-4536. The book club meets the second and fourth Wednesday at 1:00 pm. Books are provided by the Antioch Mid-Continent Public Library. Happy reading!

January 8
The River of Doubt



January 22
Finding Dorothy

February 12
Remarkably Bright Creatures



February 26
I know Why the Cared Bird Sings

Learning & Laughter

Learning and Laughter
As January arrives, it brings with it a sense of renewal and the promise of new beginnings.

January 8
Bingo
Senior and Disability Services
with Tina Swoger
Fried Chicken, Mashed Potatoes with gravy and Peas

January 22
Crafts with Pam
Wexford Food Presentation
Pizza and Salad

February 12
Bingo with Wexford
Osteoporosis
presented by Dr. Richard Hellman
Roast Beef, Mashed potatoes with gravy and Corn

February 26
Crafts with Pam
A Proven Model for Positive Aging
with Dr. Rusty Ryan
Herb Roasted Pork Loin, Oven Roasted potatoes and Green beans

\$10
Program
Fee

Northland Shepherd's Center

Thank you, thank you to so many clients and volunteers who donated food and personal care items in the months of November and December! We were greatly blessed and in turn the clients that shop at the pantry were pleased with the items they were able to take home! We can't forget the organizations such as Assistance League, Northland Christmas Store as well as a Women's Bible Study group that donated large quantities of paper products and personal care items! We can't thank you enough either!

I also had the cutest 7 year old who had her mother call saying she wanted to volunteer. She made 90 Christmas cards then put them into beautiful Christmas stockings along with other items we had donated. The stockings were made by a local women's sewing group, Northland Stitchers, and we thank them for all their work! Each client received one and were thrilled to get them!

For the coming months, our main needs are dog or cat food, Kleenex, deodorant, cereal/oatmeal packets, soups, Ramen noodles, saltine crackers, peanut butter and jelly, canned tuna. If you have questions, please contact me at 816-844-3869 Tuesdays or Thursdays or by email: pantry@northlandsc.org.

Blessings, Rebecca Brown, Pantry Manager



Wi-Fi Loaner Program

Unfortunately all great things come to an end. The Wi-Fi program, originally funded by Covid19 initiatives and grants has ended. We received some wonderful comments from borrowers who enjoyed the use of the wi-fi's. We were happy to be able to provide this helpful service.

QR Codes 101

QR codes are square or other shapes, that can be scanned by a smartphone camera to reveal information.



To use a QR code, simply open your phone's camera app, point it at the code, and hold it steady. Your phone will automatically detect the code and display a link, that you will touch to see what the QR code

contains. QR codes offer a quick and convenient way to access digital information, such as websites, tickets, videos, or documents.

January / February

RSVP for Classes by calling 816-452-4536 or online at Northlandsc.org

January 9 1:30 PM

Appy Hour-QR Codes!

January 15 & February 19 1:30PM

iPhone Basics!

January 23 & February 20 1:30PM

Android Basics

February 13 1:30

Appy Hour-Podcasts

Walk-In Tech Time is available Tues through Thursday mornings for tech related questions. If you require a longer time, please make an appointment.



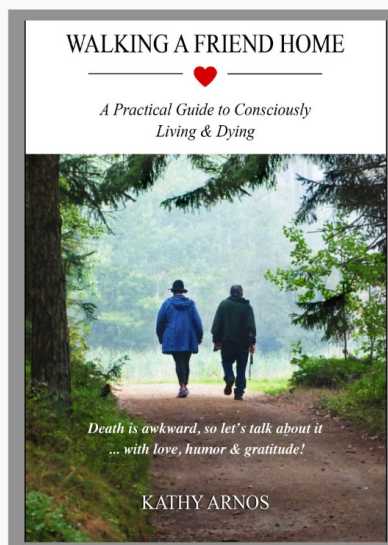
Presents

Meet the Author

Northland Shepherd's Center presents an afternoon with, Kathy Arnos, author of "Walking A Friend Home: A Practical Guide to Consciously Living & Dying"

The subject of death is awkward, but life comes with an expiration date—and no one wants to talk about it. Are you prepared emotionally, physically, and logistically?

Join an intimate conversation with Kathy as she answers important questions (you might be afraid to ask) about intentionally preparing for this end-of-life event.



Thursday, February 6 1:30 PM

Northland Shepherd's Center
5601 NE Antioch Rd. Ste 12,
Gladstone, MO

RSVP online or 816-452-4536

Caring Corner

Breaktime Club is a respite program for caregivers. It was created so we could provide an opportunity to support caregivers and their needs.

However anyone that is familiar with Breaktime Club knows it is so much more. When people bring their loved ones to Breaktime Club the true benefits are what happens in that space. Breaktime Clubbers are able to grow relationships and create loving bonds with their peers.

This month we had the most beautiful singer and he sang a song called "The Gift". When he talked about the song he was going to sing one girl looked at her friend next to her and grabbed her arm and leaned in.

I heard her say "Madelyn, did you know that you're a gift?" They stayed close and held hands through the song. It was a gift just to witness the love that they have been able to grow for each other. Breaktime Club is more than just a respite program.

Crissy Juarez, Program Coordinator

Tuesdays
Gladstone Location
9:00 - 2:00
Jan 7, 21 & 28
Feb 4, 11, 18 & 25

2nd & 4th Thursdays
Gladstone Location
9:00 - 2:00
Jan 9 & 23
Feb 13 & 27



Breaktime Club is for adults aged 60+ who may have cognitive or physical limitations or experience social isolation. Participants enjoy activities like exercise, crafts and lunch, plus social interaction, while their caregivers enjoy a respite. To learn more or enroll your loved one, please call 816-452-4536.

Caring Connections

Join our community of caregivers on the 1st and 3rd Thursday of the month, 10:00-11:30 am. Caregiving is an ever-evolving role. Caring Connections is here to support you as you give so much of yourself to your care recipient/loved one. Caring Connections provides a community to share resources, experiences, understanding, and empathy. If you would like to join Caring Connections, but can't make it in person, please email annk@beaconmh.org, or call 816-468-0400 x 330. If you would like to join Caring Connections virtually, you may request a Zoom link. meetings starting promptly at 10:00am. Presented by Beacon Mental Health.



Caring Café

Caring Café meets the 2nd Wednesday of every other month, (1:00-2:30 pm). We provide informational/ educational support for caregivers and their care recipients. Caregivers are welcome to bring their care recipient/loved one to Caring Café. Join us in January, March, May, July, September, and November! Please contact annk@beaconmh.org or call 816-468-0400 x 330 for more information! Presented by Beacon Mental Health.

Caregiver Directed Respite Program

The program empowers you to choose your own respite care provider. As the employer, you are responsible for hiring, firing, payroll taxes, and all related employment aspects. A community aging specialist will guide you through this process. You can receive reimbursement for up to 6 hours of respite care per week. Program guidelines apply. To learn more about eligibility, please contact Angela Curtis at 816-256-8096. (Funding for this program is provided by Clay County Senior Services.)





5601 NE Antioch Road, Suite 12
Gladstone, MO 64119

Or Current Resident

Hours: Mon-Fri, 9:00 - 3:00
816-452-4536

Visit us at:
www.Northlandsc.org
Facebook & YouTube

Volume 35 No. 1

Winter Weather Alert

As winter weather approaches, we want to remind you of our weather closure policy. When the North Kansas City School District closes due to inclement weather, so does Northland Shepherd's Center. This includes activities, classes, Food Pantry & Meals on Wheels services. Our top priority is the safety of participants and volunteers. Please stay tuned to our voice message, Facebook page & local TV news channels for updates on weather-related closures.

A huge thank you to Pat, Phillip & Tom for helping us unload & rearrange the furniture! Your hard work has already made a big difference, and everyone loves the new, homey feel. We couldn't have done it without you!

A Heartfelt Thanks to Our Sponsors!



Serving Northland Citizens Aged 60 & Better

Life Services

- Aging Resource Solutions
- Book Nook & Puzzle Play
- Call Check
- Computer Lab
- Information & Resources
- Market Bus
- Meals on Wheels
- Medicare & Medicaid Help
- Minor Home Repair
- Plate of Hope Food Pantry
- Technology Help & Training
- Transportation
- VOLUNTEERS NEEDED!

Life Enrichment

- Aging with Excellence
- Big Thinkers Tech Group
- Breaktime Club
- Caring Café
- Caring Connections
- Chair Yoga
- Health Screenings
- Healthy Living Seminars
- Learning & Laughter
- Matter of Balance Workshop
- Smartphone Classes
- Strength & Stretching
- Tai Chi