



Becky Franklin, LPC  
beckyf@tri-countymhs.org  
(816) 468-0400 x330

# TOGETHER WE CARE

## JUNE NEWSLETTER

### 2023



Charli Seitz, M.A., Ed.  
charli@northlandsc.org  
(816) 452-4536



### WORLD ELDER ABUSE AWARENESS DAY IS

## JUNE 15TH

World Elder Abuse Awareness Day (WEAAD) was launched by the International Network for the Prevention of Elder Abuse and the World Health Organization at the United Nations. The purpose of WEAAD is to provide an opportunity for communities around the world to promote a better understanding of abuse and neglect of older persons by raising awareness of the cultural, social, economic and demographic processes affecting elder abuse and neglect.

### Is Ageism Abusive?



Ageism is one of the most common, yet least recognized forms of prejudice. It is defined by the World Health Organization as “the stereotyping, prejudice, and discrimination against people on the basis of their age.”

Ageist language referring to older people as a group in negative ways - like being cranky, dependent, or useless – can impact people’s understandings of aging and older age. These misperceptions can be harmful to older adults’ health and wellbeing. They may also contribute to intolerance within society and potentially foster an environment in which elder mistreatment is more likely to occur.

Reframing Elder Abuse is a communications strategy that promotes a solutions-oriented approach to age-bias. It highlights the values of elder justice, equity, inclusion, and solidarity. As a society, we can promote positive and accurate perceptions of aging and reduce ageism by framing ageism as a shared concern that impacts us all as a community. If we focus on older adult capabilities and contributions, we can invoke our collective responsibility to effect systems change and shift public understanding of age equality.

For more information visit:

<https://ncea.acl.gov/Resources/Reframing.aspx>



### Six types of Elder Abuse

1. Physical Abuse
2. Emotional or Psychological Abuse
3. Sexual Abuse
4. Neglect or Abandonment by the caregiver
5. Financial Exploitation
6. Health Care Fraud and Abuse

### Six Signs we need to Watch for:

1. Lack of basic amenities
2. Cluttered, filthy living environment
3. Unexplained sexually transmitted disease
4. Unpaid bills, new credit cards, and or increased cash withdrawals
5. Harassment, coercion, intimidation, humiliation
6. Caregiver isolates elder

**If you suspect elder abuse call 1-855-500-3537**

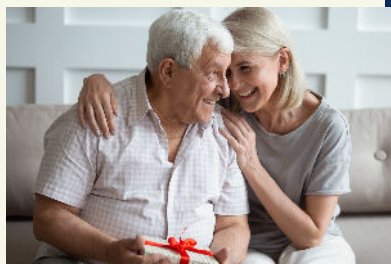
Make every day Elder Abuse Awareness Day.



The color purple is recognized as raising the awareness of elder abuse.



# Remember Dad June 18



## UPCOMING EVENTS:

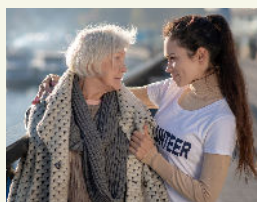
### Monthly Caregiver Support Group

#### "Together We Care"

This support group is held the first Thursday of each month in a hybrid format. In June you can either attend in-person at Woodneath Mid-Continent Public Library near Liberty or virtually by Zoom (call Charli at 816-452-4536 or email for the link at [Charli@northlandsc.org](mailto:Charli@northlandsc.org)).

**Date & Time: June 1 at 10:00 - 11:30 AM**

**Please meet at 9:45 in the Library Café if you would like to get a beverage. Meeting will start at 10 AM**



**SAVE  
THE DATES!**

**Wednesday, June 20, 10:00-11:30 AM--Caregiver Informational session--continued discussion on Dementia--Tri-County Mental Health Unity Room--For info call 816-468-0400**

**Thursday, July 6--10:00-11:30 AM--Together We Care--Caregiver Support Group (hybrid format) Woodneath Library near Liberty. Call Charli for more info: 816-452-4536**

**Thursdays, July 13 through August 17--11:30 AM-1:30 PM--Aging Mastery Program for Caregivers--Lunch provided--Kearney Senior Community Center--To register or for more info call 816-903-6533 or [seniors@kearneyenrichment.org](mailto:seniors@kearneyenrichment.org)**

**Wednesday, July 19, 1:00-2:30 PM--Caring Café--Northland Shepherd's Center--Focus on Brain Power as We Age--Call Charli for more info: 816-452-4536**

**For info about upcoming programs such as Aging Mastery, Matter of Balance, Walk with Ease, and other programs, call Charli at 816-452-4536.**

### CAREGIVER SERIES BEING OFFERED AT TRI-COUNTY MENTAL HEALTH!!

The Healthcare Home leadership team is excited to offer support and education on how to navigate various diagnoses in older adulthood.

This first series focuses on various dementia diagnoses. There will be quarterly classes offered. The next class will be **Tuesday, June 20, at 10 AM at Tri-County Mental Health.**

Each class will include:

- An overview of signs and symptoms at various stages of the diagnosis
- Care strategies to help meet practical needs
- Communication tools
- Self-care ideas for the caregiver specific to each stage
- Time for Q & A!



The **Department of Veterans Affairs (VA)** Caregiver Support Program (CSP) offers clinical services to caregivers of eligible and covered Veterans enrolled in the VA health care system. The program's mission is to promote the health and well-being of family caregivers who care for our Nation's Veterans, through education, resources, support, and services.  
[https://www.caregiver.va.gov/support/New\\_CSC\\_Page.asp](https://www.caregiver.va.gov/support/New_CSC_Page.asp)



**VOLUNTEER AS AN ADVOCATE FOR  
LONG TERM CARE RESIDENTS!**

CALL (800) 309-3282

[LTCOmbudsman@health.mo.gov](mailto:LTCOmbudsman@health.mo.gov)

**For more info please visit  
[www.northlandsc.org](http://www.northlandsc.org)**